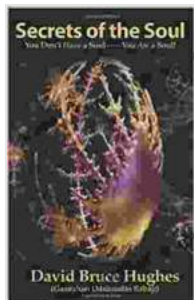


# You Don't Have a Soul, You Are Soul: Embracing the True Nature of Consciousness



**Secrets of the Soul: You don't have a soul — you are a soul!** by Shane Claiborne

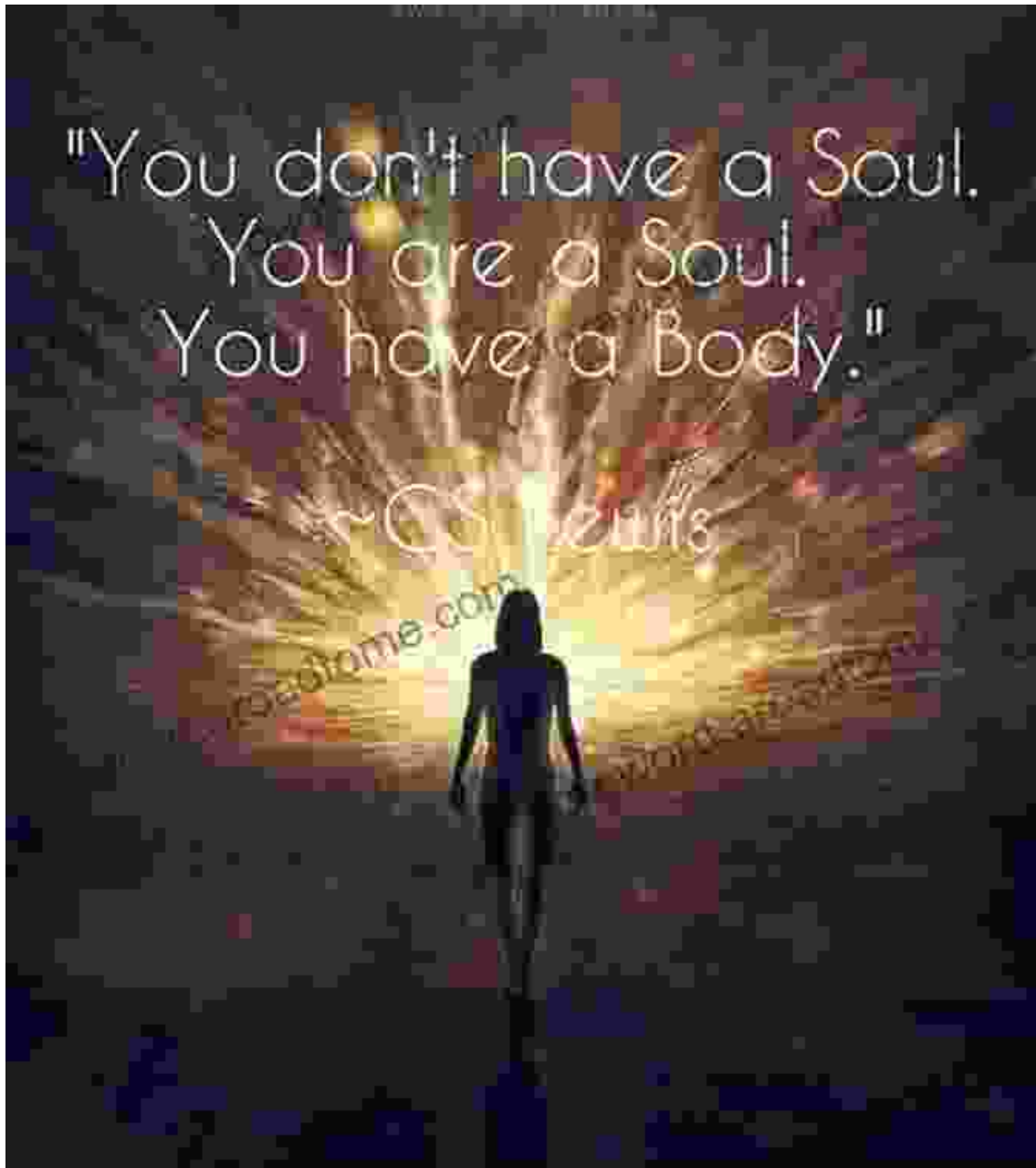
★★★★☆ 4 out of 5

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File size : 1305 KB  
Text-to-Speech : Enabled  
Screen Reader : Supported  
Enhanced typesetting : Enabled  
Print length : 99 pages  
Lending : Enabled

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In his groundbreaking book, 'You Don't Have a Soul, You Are Soul', Dr. Michael Harner, the world-renowned anthropologist and shaman, presents a radical new understanding of consciousness that challenges conventional wisdom and empowers us to experience our true selves and live more authentically.

Drawing on decades of research and personal experience, Harner argues that the concept of a separate soul is a myth that has limited our understanding of ourselves and our place in the universe. Instead, he proposes that consciousness is not something we possess, but rather something we are. We are not human beings who have souls, but rather souls who have human experiences.

This new paradigm has profound implications for our understanding of life and death, our relationship to the natural world, and our potential for personal growth and transformation. Harner shows us how to access the depths of our consciousness through shamanic practices, such as drumming, chanting, and plant medicine ceremonies. These practices can help us to connect with our true selves, heal our wounds, and awaken our innate abilities.

'You Don't Have a Soul, You Are Soul' is a must-read for anyone who is interested in exploring the nature of consciousness and living a more authentic life. Harner's insights are both profound and practical, and they offer a powerful path to self-discovery and transformation.

## **About the Author**

Dr. Michael Harner is an anthropologist, author, and lecturer who has dedicated his life to the study of shamanism. He is the founder of the Foundation for Shamanic Studies, a nonprofit organization that teaches shamanic techniques to people from all walks of life. Harner is the author of numerous books on shamanism, including 'The Way of the Shaman', 'Cave and Cosmos', and 'The Sacred Journey of the Shaman'.

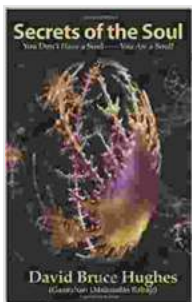
## **Reviews**

"'You Don't Have a Soul, You Are Soul' is a groundbreaking book that challenges conventional wisdom about the nature of consciousness. Harner's insights are both profound and practical, and they offer a powerful path to self-discovery and transformation." - Deepak Chopra, author of 'The Seven Spiritual Laws of Success'

"Dr. Harner is one of the world's leading experts on shamanism, and his book is a must-read for anyone who is interested in exploring the nature of consciousness and living a more authentic life." - Stanislav Grof, author of 'The Adventure of Self-Discovery'

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