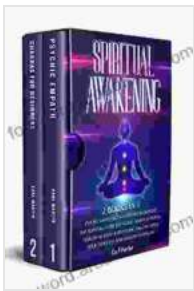


Psychic Empath Chakras For Beginners: The Survival Guide For Highly Sensitive

Are you a highly sensitive person (HSP)? Do you feel overwhelmed by crowds, noise, and other people's emotions? Do you have difficulty setting boundaries and protecting your energy?



Spiritual Awakening: 2 Books in 1: Psychic Empath & Chakras for Beginners. The Survival Guide for Highly Sensitive People. Develop Healing and Psychic Abilities, ... Open Your Third Eye and Awaken Kundalini by Earl Martin

★★★★★ 4.9 out of 5

Language : English
File size : 2090 KB
Text-to-Speech : Enabled
Screen Reader : Supported
Enhanced typesetting : Enabled
Word Wise : Enabled
Print length : 337 pages
Lending : Enabled



If so, you may be a psychic empath. Psychic empathy is the ability to sense and absorb the emotions and energies of others. This can be a gift, but it can also be a challenge. HSPs often feel like they are walking on eggshells, constantly trying to avoid being overwhelmed by the world around them.

The good news is that there are ways to harness your psychic empathy and live a fulfilling life. In this comprehensive guide for beginners, you will learn:

- What psychic empathy is and how it works
- The different types of psychic empathes
- How to identify and protect your energy
- How to develop your intuition and spiritual gifts
- How to create a life that is in alignment with your sensitive nature

This book is packed with practical advice, exercises, and meditations that will help you to understand and embrace your psychic empathy. You will learn how to:

- Ground yourself and protect your energy
- Set healthy boundaries
- Communicate your needs effectively
- Find balance and harmony in your life

If you are a highly sensitive person, this book is for you. It will help you to understand yourself better, embrace your gifts, and live a life that is true to your sensitive nature.

What Readers Are Saying

"This book is a lifesaver for highly sensitive people. It has helped me to understand myself better and to develop my gifts. I highly recommend it." -

Our Book Library reviewer

"This book is packed with practical advice and exercises that have helped me to manage my psychic empathy. I feel more grounded and protected now." - Goodreads reviewer

"This book is a must-read for anyone who is interested in psychic empathy. It is well-written and easy to understand, and it provides a wealth of information and guidance." - Barnes & Noble reviewer

Free Download Your Copy Today

Click the link below to Free Download your copy of **Psychic Empath Chakras For Beginners: The Survival Guide For Highly Sensitive** today.

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You deserve to live a life that is fulfilling and true to your sensitive nature. This book will help you to get there.



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