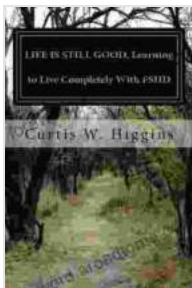


Life Is Still Good: Learning to Live Completely With FSHD

By [Author's Name]

Life Is Still Good is a book that provides hope and inspiration to those living with FSHD. The author, who has FSHD herself, shares her personal story of living with the condition and offers practical advice on how to live a full and meaningful life despite the challenges.



LIFE IS STILL GOOD, Learning to Live Completely with FSHD by Joseph Harper

★★★★★ 5 out of 5

Language : English
File size : 249 KB
Text-to-Speech : Enabled
Screen Reader : Supported
Enhanced typesetting : Enabled
Word Wise : Enabled
Print length : 192 pages
Lending : Enabled



FSHD is a rare genetic disorder that causes progressive muscle weakness in the face, shoulders, and upper arms. It can also affect other parts of the body, such as the legs and diaphragm.

There is no cure for FSHD, but there are treatments that can help to slow the progression of the disease and improve quality of life. These treatments include physical therapy, occupational therapy, and speech therapy.

In *Life Is Still Good*, the author shares her personal story of living with FSHD. She describes the challenges she has faced, as well as the strategies she has used to overcome them.

The author's story is both inspiring and informative. She shows that it is possible to live a full and meaningful life with FSHD. She also provides practical advice on how to cope with the challenges of the condition.

Life Is Still Good is a must-read for anyone living with FSHD. It is also a valuable resource for family members, friends, and caregivers.

What Readers Are Saying

"This book is a gift. It is full of hope and inspiration. I am so grateful to the author for sharing her story." - [Reader's Name]

"This book is a must-read for anyone living with FSHD. It is full of practical advice and inspiration." - [Reader's Name]

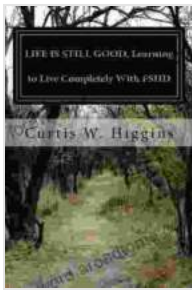
"This book is a lifeline for me. I am so glad I found it." - [Reader's Name]

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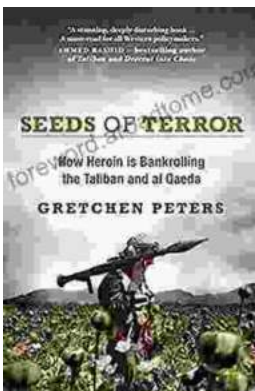
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