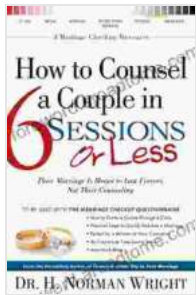


How to Counsel Couples in 10 Sessions or Less: A Revolutionary Approach to Relationship Therapy



How to Counsel a Couple in 6 Sessions or Less

by H. Norman Wright

★★★★☆ 4.6 out of 5

Language : English
File size : 2354 KB
Text-to-Speech : Enabled
Screen Reader : Supported
Enhanced typesetting : Enabled
Word Wise : Enabled
Print length : 172 pages
Lending : Enabled



Are you a therapist who wants to help couples achieve lasting change in their relationships? Are you frustrated by the traditional model of couples therapy, which can be time-consuming and expensive?

If so, then this book is for you.

How to Counsel Couples in 10 Sessions or Less is a revolutionary approach to relationship therapy that will help you help couples resolve their issues and build a stronger bond in just 10 sessions or less.

This book is based on the latest research on couples therapy and provides a step-by-step guide to help you:

- Assess the couple's relationship and identify the root of their problems
- Develop a treatment plan that is tailored to the couple's needs
- Use effective therapeutic techniques to help the couple resolve their issues
- Help the couple develop new skills to improve their communication, conflict resolution, and intimacy
- Prepare the couple for the transition to post-therapy life

This book is written in a clear and concise style and is packed with practical tips and exercises that you can use with your clients.

If you are a therapist who wants to help couples achieve lasting change in their relationships, then this book is a must-read.

What other therapists are saying about *How to Counsel Couples in 10 Sessions or Less*:

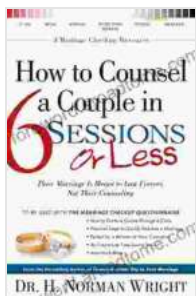
"This book is a game-changer for couples therapy. Dr. Schwartz provides a clear and concise roadmap for helping couples resolve their issues and build a stronger bond in just 10 sessions or less. I highly recommend this book to any therapist who works with couples." - **Dr. John Gottman, author of *The Seven Principles for Making Marriage Work***

"Dr. Schwartz has written a practical and easy-to-follow guide to help therapists help couples achieve lasting change. This book is full of valuable tips and exercises that can be used in any therapeutic setting." - **Dr. Sue Johnson, author of *Hold Me Tight: Seven Conversations for a Lifetime of Love***

"This book is a must-read for any therapist who wants to help couples achieve lasting change. Dr. Schwartz provides a step-by-step guide to help therapists assess the couple's relationship, develop a treatment plan, and use effective therapeutic techniques to help the couple resolve their issues." - **Dr. David Schnarch, author of *Passionate Marriage: Keeping Love and Intimacy Alive in Committed Relationships***

Free Download your copy of *How to Counsel Couples in 10 Sessions or Less* today!

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