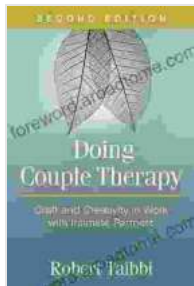


Doing Couple Therapy, Second Edition: A Clinician's Guide to Contextual Couple Therapy



Doing Couple Therapy, Second Edition: Craft and Creativity in Work with Intimate Partners by Robert Taibbi

★★★★☆ 4.7 out of 5

Language	: English
File size	: 2318 KB
Text-to-Speech	: Enabled
Screen Reader	: Supported
Enhanced typesetting	: Enabled
Word Wise	: Enabled
Print length	: 21 pages



About the Book

Doing Couple Therapy, Second Edition is a comprehensive guide to contextual couple therapy (CCT), an evidence-based approach to helping couples improve their relationships. Written by leading experts in the field, this book provides clinicians with the skills and knowledge they need to effectively implement CCT with their clients.

CCT is a strengths-based approach that focuses on helping couples identify and build on their strengths. It is also a solution-focused approach that helps couples develop strategies for resolving their problems. The emphasis of the book is on the fostering of change and growth within

couples through the development of new relational patterns that support connection, intimacy, and well-being.

The book is divided into three parts. The first part provides an overview of CCT, including its theoretical foundations and clinical applications. The second part provides step-by-step instructions for implementing CCT with couples. The third part discusses special topics in couple therapy, such as working with couples in crisis, couples with children, and couples with trauma. With a strong focus on experiential learning, the book includes video demonstrations of therapists conducting couples therapy and a host of helpful exercises and resources for clinicians.

What's New in the Second Edition

The second edition of *Engaging Couple Therapy* has been extensively revised and updated to reflect the latest research and developments in the field of couple therapy. New to this edition are:

- A new chapter on the neurobiology of relationships
- Updated information on the latest research on couple therapy
- New case examples and exercises
- A revised and expanded appendix with resources for clinicians

Reviews

"*Engaging Couple Therapy, Second Edition* is a must-read for any clinician who works with couples. It is a comprehensive and practical guide that provides clinicians with the skills and knowledge they need to effectively help couples improve their relationships." - **David H. Baucom, PhD, Professor of Psychology at the University of North Carolina at Chapel Hill**

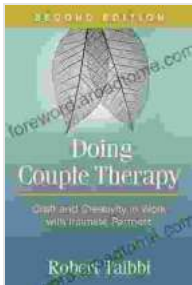
"This book is a valuable resource for clinicians who want to learn more about contextual couple therapy. It is well-written and provides clear and concise instructions for implementing CCT with couples." - **Frank M.**

Dattilio, PhD, ABPP, Clinical Professor of Psychology in Psychiatry at Harvard Medical School

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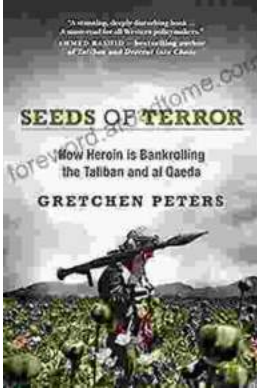
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