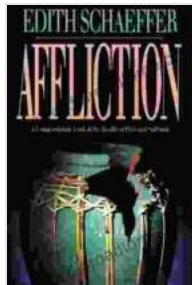


# Affliction: Edith Schaeffer's Journey Through Depression

In *Affliction*, Edith Schaeffer shares her deeply personal and moving account of her struggle with depression. Schaeffer writes with honesty and vulnerability about the darkness and despair that enveloped her, and the hope she found in God's grace.



## **Affliction** by Edith Schaeffer

★★★★☆ 4.9 out of 5

Language	: English
File size	: 1948 KB
Text-to-Speech	: Enabled
Screen Reader	: Supported
Enhanced typesetting	: Enabled
Word Wise	: Enabled
Print length	: 260 pages
Lending	: Enabled



Schaeffer's journey began in her early twenties, when she was a young wife and mother. She had always been a cheerful and optimistic person, but suddenly she found herself陷入 the depths of despair. She lost interest in her family and friends, and she could no longer find joy in the things she used to love.

Schaeffer tried to hide her depression from her husband and children, but eventually she could no longer keep it a secret. She was diagnosed with

clinical depression, and she began taking medication and seeing a therapist.

At first, Schaeffer's treatment did not seem to help. She continued to feel 绝望 and hopeless. But over time, she began to see a glimmer of light. She found comfort in reading the Bible and in talking to other Christians who had also struggled with depression.

Schaeffer's journey through depression was long and difficult, but she eventually found healing and hope. In *Affliction*, she shares her story in the hope that it will help others who are struggling with mental illness.

*Affliction* is a powerful and inspiring book. Schaeffer's honesty and vulnerability are disarming, and her story is a reminder that even in the darkest of times, there is always hope.

### **About the Author**

Edith Schaeffer (1914-2013) was a Christian author, speaker, and teacher. She was the wife of Francis Schaeffer, a well-known theologian and apologist. The Schaeffer's founded L'Abri Fellowship, a Christian community in Switzerland that welcomed people from all walks of life.

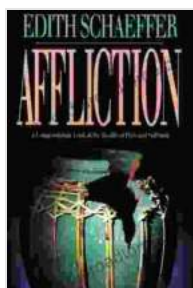
Schaeffer wrote over 20 books, including *Affliction*, *The Hidden Art of Homemaking*, and *The Tapestry of Grace*. She was also a gifted speaker and teacher, and her insights on faith, family, and culture have inspired countless people around the world.

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